

## Gifted & Talented Programme 09/10

*"To improve the recognition of, and the support and provision for gifted and talented pupils in Physical Education and Sport."*

Three Key Areas Are:

- High Quality** - Raising the quality of PE for gifted and talented young people
- Support** - ensuring appropriate personal development support for young talented performers in sport
- Raising the quality of coaching and competition for talented performers in sport**

### What We Wanted To Do

To contribute through the 5 hour offer and to build effective support programmes for young, talented performers, consisting of 2 ten week programmes across the district.

In order to do this we needed to run and deliver high quality coaching and a variety of sporting activities to meet the needs and development of these children within our Schools.

### How We Did This

These are the main steps we took to achieve this:

**SELECTION:** We distributed selection letters to every PLT in the district to select one girl and one boy who they believe were talented sportspeople and would benefit from additional coaching and development using the 5 abilities which are: PHYSICAL, THINKING, CREATIVE, SOCIAL & PERSONAL. These children were aged between 9 & 11 years old as to provide them with an exciting and innovative sporting experience for their age group.

**RECRUITMENT:** We then selected a wide variety of sports to engage and enthuse these children into sport as these children are "sporty" but may need guidance as to a pathway into a specific sport. These Sports include: Badminton, Netball, Gymnastics, Cricket, Athletics & Rugby.

We then recruited and employed High Quality Coaches for each sport who have been observed Coaching and hold recognised NGB Qualifications and CRB checks. These coaches then created session plans based around age group, competency and developmental needs.

**DEPLOYMENT:** These coaches were then sent into the two ten week programmes on a timetable to deliver high quality Coaching Sessions. The aim was to give these children the opportunity to participate in taster

sessions on a variety of sports to then lead them into pathways for any activity they discover are their speciality sport.

**SUPPORT & PATHWAYS:** Follow up letters were sent to all the children that attended with details of all our local Sports Clubs as to allow them to excel at a higher level within their sport. Also all of the children who attended the Gifted & Talented Programmes were offered the chance to attend an adventure day at our local Forestry Centre in Rosliston as a thank you.

**DID IT MAKE A DIFFERENCE?** 45 children attended the two programmes in total and from this at least 50% of these children now attend a local sports club for their chosen sport. These children are also now being offered more sporting opportunities and programmes from South Derbyshire SSP due to their commitment and enthusiasm. Lastly the programme has now become a part of our yearly programme and so PLT's are already choosing their students for next year.

**CRITICAL FACTORS:** It is important to keep a record/register of the programmes to measure how successful each individual sport was and also if the programme enticed the children into sport. It was vital to keep regular contact with the Primary Schools and Parents as to ensure that the programmes were providing the key developmental needs for the children and that it was fun. Finally it was crucial to correspond with local sports clubs as to provide sporting pathways through to club level within the district.